



**Fitness on the Run**  
*Balancing fitness with a busy lifestyle*

## **Cancellation Policy**

Fitness on the Run has a 24 hour cancellation policy for all personal training and group classes. It is the client's responsibility to cancel the appointment at least 24 hours prior to the session/class start time, or you will be fully charged for that missed appointment.

You may early cancel the appointment from the FOR website ([www.fitnessontherun.net](http://www.fitnessontherun.net)) via the scheduling system or by contacting the assigned trainer/instructor directly. Please see below the trainer/instructor's contact information.

Out of courtesy, we ask that if you cancel your appointment within the 24 hour time period to please notify your assigned trainer/instructor, but you will be charged for that missed appointment.

Canceling your appointment within the 24 hour time period because of illness or other serious matters is at the discretion of each trainer/instructor to determine if he/she will early cancel your appointment. Please contact your trainer/instructor directly.

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Client Signature

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Date

### **TRAINER/INSTRUCTOR CONTACT INFORMATION**

Rebecca Coleman	281-687-2876	<a href="mailto:rebecca@fitnessontherun.net">rebecca@fitnessontherun.net</a>
Colby Cooper	703-403-9255	<a href="mailto:colby@fitnessontherun.net">colby@fitnessontherun.net</a>
Adrien Cotton	202-262-5395	<a href="mailto:adrien@fitnessontherun.net">adrien@fitnessontherun.net</a>
Denise Dick	703-579-7021	<a href="mailto:denise@fitnessontherun.net">denise@fitnessontherun.net</a>
Sonja Gil	703-203-4971	<a href="mailto:sonja@fitnessontherun.net">sonja@fitnessontherun.net</a>
Julie Laun	443-995-5505	<a href="mailto:julie@fitnessontherun.net">julie@fitnessontherun.net</a>
Kate Lavanga	202-288-0431	<a href="mailto:kate@fitnessontherun.net">kate@fitnessontherun.net</a>
Rob Saale	703-608-9783	<a href="mailto:rob@fitnessontherun.net">rob@fitnessontherun.net</a>
Jonica Tramposch	202-898-8110	<a href="mailto:jonica@fitnessontherun.net">jonica@fitnessontherun.net</a>